

# Torohia

Medical Training Survey for New Zealand

## Whārangi Mōhio Factsheet



### He aha Torohia?

#### What is Torohia?

Torohia is an annual online survey for doctors in training across Aotearoa New Zealand. It gives them the chance to share feedback about their training experiences — including supervision, workplace culture, and skill development opportunities.

In the first year, 2025, all doctors in accredited prevocational and vocational training programmes will be invited to participate. From 2026, non-training registrars will also be able to take part.

The name Torohia means 'exploring, scouting out, reaching out', which is what this survey sets out to do — exploring the training environment, identifying strengths, and highlighting any areas for improvement.



### He aha te kaupapa o Torohia?

#### The purpose of Torohia

Torohia gives doctors in training a voice in shaping medical training in Aotearoa New Zealand. Their feedback helps us:

**Understand what's working well** – by comparing training experiences across sites and specialties.

**Spot what needs improving** – while maintaining participant anonymity.

**Support change that matters** – so training works better for doctors in training, and for patients.



### Pārongo hira

#### Key information

**Timing:** Open for a 3-week period between August and September each year.

**Participation:** In 2025, doctors in accredited prevocational and vocational training programmes. From 2026, also for non-training registrars.

**Confidentiality:** Survey is confidential and guarantees anonymity of participants.

**Results:** Summary of findings published in December each year and detailed results available the following February.



### Nā wai i hanga Torohia?

#### Who developed Torohia?

**Torohia is led by Te Kaunihera Rata o Aotearoa | The Medical Council of New Zealand** and was developed with the assistance of the Australian Health Practitioner Regulation Agency (Aphra) and the Medical Board of Australia (MBA), responsible for the Australian Medical Training Survey. A wide range of stakeholders contributed to the development of Torohia, including representatives of doctors in training, prevocational medical training providers, specialist medical colleges, medical schools, Te Kāhui Whakamana Tiriti (Council's expert Māori advisory group), Whakawaha (Council's consumer advisory group), Health New Zealand | Te Whatu Ora senior management and many other organisations and individuals.

An independent research agency, Perceptive, manages the delivery of the survey online, and the analysis and reporting of the data collected.



Speak, Share, Shape... **Torohia.org.nz**



**Te Kaunihera  
Rata o  
Aotearoa**

Medical  
Council of  
New Zealand