

TRIENNIAL CPD

Each triennium, Fellows and registrars are required to complete 60 hours of ongoing professional development over and above those listed as annual requirements. Any CPD activity is accepted,

The PDP, developed at the annual conversation, guides the activities.

Although the College will maintain a list of recommended, or possible, CPD, activities do not require pre-approval so long as they meet the requirements below:

- Be guided by the professional development needs identified in the SAC and within the PDP.
- Follow areas of clinician interest and/or relevance to their practice
- Include a range of different activities (as demonstrated at the SAC)
- Be completed regularly throughout the triennium

The doctor's CPD activities will be audited and reviewed by the College to ensure the quality and relevance of the activity is maintained.

CPD activities can be claimed at 1 point per hour of activity. Time for preparation and reflection can also be claimed, but evidence of this needs to be provided in the PDP. Some activities are identified as high value and as such will count for double CPD points. The following tables will help doctors determine which activities can be claimed as high-value activities.

Training programme activities count towards the triennial CPD requirement.

You cannot 'double-dip' - items below that are completed to meet the annual requirement may not ALSO be claimed as triennial points, except when the points claimed are more than those required for the annual requirement (ie a 'full' resuscitation course is 8 points, four of which are allocated to the annual requirement, and four to the triennial requirement).

General CPD activities

Teaching -	1 point per hour
Formal Examination in a Clinical Field (either as an examiner or examinee)	1 point per hour
Assessor/reviewer for the MCNZ, RNZCUC or other external body (e.g. vocational branch, HDC)	1 point per hour
Auditing a Facility	1 point per hour
Marking (performing CNA, marking audits, marking case studies, marking examinations, marking the MLP)	1 point per hour
Expert witness or providing expert opinion	1 point per hour
Presentation at a scientific meeting or conference	1 point per hour
Clinical Audit development	1 point per hour
Clinical Audit – this includes an audit of our own or your teams' practice OR any RNZCUC required Audit	1 point per hour



Committee meetings – relevant to urgent care and having clinical content	1 point per hour
Revision of MCNZ statements of guidelines	1 point per hour
Journal reading	1 point per hour
Conferences	1 point per hour
Courses and workshops	1 point per hour
Specialist clinic attendance	1 point per hour
Formal case review – does not include casual collegial conversations during usual clinical practice	1 point per hour
Quality improvement activities – examples include significant event analysis, trigger tool, quality improvement project	1 point per hour
Completing a structured annual conversation	1 point per hour
RNZCUC essentials quiz	1 point per hour
Any self-directed clinical learning – online learning activities, webinars, podcasts, ECG weekly, reading HDC reports	1 point per hour
Pathway/guideline/policy development (clinical)	1 point per hour

University courses, papers, certificates, research, UCC etc

Completion of the UCC (can only be claimed once during training)	300 points
Post graduate study (1 semester)	150 points
Post graduate study (2 semesters)	300 points
Research or publication	1 point per hour

High-value activities

High-value activities are awarded double credit for completion. High-value activities are those that have evidence of effectiveness in improving a doctor's performance, helping to improve clinician wellbeing and helping develop culturally safe and equitable healthcare.

RNZCUC supervisor training	2 points per hour
Completing a Clinical Practice Visit (CPV)	2 points per hour
Supervising/Mentoring	2 points per hour
Tikanga Māori Activities	2 points per hour
Te Reo Māori language studies	2 points per hour
Cultural Safety course/workshop/activity	2 points per hour
Clinician health and wellness activities/workshops	2 points per hour



Any activity which evidence shows are effective and of the greatest value for improving a doctor's practice	2 points per hour
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If you feel the activity you are undertaking meets the criteria for a high-value activity and is not covered in the list above, you may apply to have the activity considered for high value by completing this form [LINK](#) and sending it to dpd@rnzcuc.org.nz