



CONTINUING MEDICAL EDUCATION (CME)

Description and purpose

Educational activities can include learning from a wide range of sources, all of which maintain, develop or increase medical knowledge.

Guidance

RNZCUC expects that CME activities will;

- Be guided by the professional development needs identified other CPD activities, the PDP and annual conversation.
- Follow areas of clinician interest and / or relevance to their practice.
- Include a range of different CME activities. (**eportfolio text needs to align with this guidance?)
- Be completed regularly throughout the recertification cycle (ie CME activities must be completed in every year of the recertification cycle. (**eportfolio text needs to align with this guidance)

No approval process for CME activities is required, providing that CME activities follow this guidance.

CME providers can ask for their event to be endorsed and promoted – visit [this page](#) on the website.

CPD requirement

You should gain a **minimum** of 60 CME points over a triennium, or approximately 20 points per annum. While you have flexibility to gain more points in some years than others, you must gain some CME points during each calendar year. (eportfolio needs to support this)

Claiming points

Use ePortfolio to maintain a record of your CME activities. Remember to load supporting documentation. We recommend keeping a copy safe.

Points guidance

Standard activities:

Unless otherwise stated, claim 1 point per hour of learning spent up to a maximum of eight points per day.

High value activities:

RNZCUC recognises Supervision, Regular practice review or Practice visits, Tikanga Maori, Cultural safety, and Clinician wellness/burnout prevention activities as high value activities. As such, any activities relating to these topics will be eligible for 2 CME points per hour of learning spent, up to a maximum of 16 points for a full day event

Post-graduate study

A general guide for claiming CME points for post-graduate papers/certificates or degrees is 150 points per paper per semester. A full year of study is equivalent to 300 points (this includes the UCC).

Registrars

Registrars can claim CME for compulsory training requirements using the points guidance above, except for the UCC.

Completion of the Urgent Care Course (along with related activities such as submission of case studies) is considered sufficient to cover the annual CME requirement for the first year of training (300 CME points can be claimed). Note the UCC can only be claimed once during a registrar's training. (**need a mechanism for this on the eportfolio**)

Similarly, sitting the UCPEX examination can only be claimed once during a registrar's training (**need a mechanism for

this on the eportfolio**).

Attendance at UCPEX, specialist clinics, or courses and university papers registrars are required to complete as part of the training programme are all eligible for CME points (see table below for points guidance).

Completion of the Medical Literature Project is also eligible for CME points using the points guidance above.

Preparation

Any (reasonable) preparation required prior to a CME activity, and write-up required post any CME activity is also eligible for points using the points guidance above.

Activities for other vocational colleges

Any CME activity undertaken while participating in another vocational branch of medicine is also eligible CME points using the points guidance above

Activities as part of your employment or role

Any activities undertaken which are required or provided by your place of work and are relevant to your clinical practice are also eligible for CME points using the points guidance above. ****suggest write to employers and let them know of so they can incorporate our requirements into their usual processes?***

Research, or post-graduate study

Undertaking research, papers, diplomas or certificate (relevant to your practice) offered by Universities or similar education providers are eligible for up to 20 CME points per annum regardless of the actual amount of time taken.

Where to claim

Activities over and above the minimum requirements for Peer review, Audit and resuscitation can be claimed as CME.

NOTE: Some CPD activities may fit within several different categories (CME, peer review, audit, resuscitation). Where to claim these activities can be determined by the clinician, **however no single activity can be claimed more than once (ie no double dipping).**

For example, in any calendar year an audit of your opiate prescribing practice may be claimed as CME points, or as an audit, **but not both.**

Examples

Below are examples of activities that can be claimed as CME, along with points guidance. This should be read in conjunction with the guidance and claiming points sections above.

Note, this is not an exhaustive list – be guided by your PDP/previous CME activities/areas of clinical interest and or activities relevant to your practice.

Item	Points guidance
Teaching	1 point per hour
Formal examination in a clinical field (either as an examiner or examinee). Note – UCPEX can only be claimed once during training.	1 point per hour
Assessor/reviewer for MCNZ, RNZCUC, or other external body (eg vocational branch, HDC)	1 point per hour



Auditing a facility	1 point per hour
Marking (performing clinical notes audits, marking audits, marking case studies, marking examinations, marking medical literature project)	1 point per hour
Expert witness or providing expert opinion	1 point per hour
Presentation at scientific meeting or conference	1 point per hour
Clinical audit development	1 point per hour
Clinical audit - this includes any audit of your own or your team's practice over and above the RNZCUC compulsory audit requirements.	1 point per hour
Committee meetings - relevant to urgent care and having a clinical content, such as developing guidelines or educational policy in urgent care.	1 point per hour
Revision of MCNZ statements or guidelines	1 point per hour
Journal or text reading	1 point per hour
Conferences	1 point per hour
Courses or workshops	1 point per hour
Specialist clinic attendance	1 point per hour
Formal case review - Note collegial conversations which occur during the course of usual daily clinical work are not eligible for CME. - Note, if this is a review of your case with a peer you may claim peer review points instead of CME.	1 point per hour
Quality improvement activities - Examples: significant event analysis, trigger tool, quality improvement project. **Sidenote: These need to be developed consider quality improvement project as alternative to medical literature project**	1 point per hour
Completing a Structured Annual Conversation. - CME points are available for peer doctor only (peer review points are available for the doctor being reviewed).	1 point per hour



RNZCUC essentials quiz **per mcnz, and should be around professionalism/medical council statements – see appendix 3 for the first quiz – Hadi can you load onto the quiz page on the website please. Suggest one quiz per year? I have more questions for the next quiz**	1 point per hour
Self-directed learning, including online CME, POD casts and other subscription services such as ECG weekly, reading HDC opinions, UptoDate, etc	1 point per hour
Pathway or guideline or policy development (clinical content)	1 point per hour
Courses, papers, certificates, research etc	
Completion of Urgent Care Course – Note the UCC can only be claimed once during training.	300 points, claimed once
Post-graduate study – half year (ie one semester)	150 points per paper per semester
post-graduate study – full year (two semesters)	300 points per annum
Research and publication	1 point per hour
High value activities	
RNZCUC Supervisor training material (link here to videos here) **Side note – is this now compulsory for senior registrars prior to fellowship? If not it should be. We also need to ensure all of our fellows have done this training and partic if they are supervising – can we put this in the eportfolio somehow? le make it mandatory?*	2 points per hour
Completing a clinical practice visit (CPV) or regular practice review (RPR) as a peer. – Note, CME points are available for visiting doctor only (peer review points are available for the doctor being visited)	2 points per hour
Supervising/mentoring – Note: includes organised mentoring or supervision, such as scheduled supervisor / registrar meetings, but excludes day-to-day conferring on patient care. – Note, the trainee can claim this time as peer review and the supervisor can claim as CME.	2 points per hour
Tikanga Maori activities	2 points per hour



Te Reo Maori language studies	2 points per hour
Cultural safety course/workshop - Note, this activity can alternatively be claimed as the compulsory cultural safety activity. - Cultural safety activities over and above the minimum can be claimed as CME.	2 points per hour
Clinician health and wellness activities/workshops	2 points per hour